

September 2017

USD 446 FOOD SERVICE I.M.S. & I.H.S.

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know...

The name September comes from the Latin septem for seven, since this was the seventh month of the Roman calendar.

**LABOR DAY
NO SCHOOL**

4

CHICKEN BISCUIT
OR CEREAL CHOICE
JUICE

5

BEEF RAVIOLI
TOSSED SALAD W/ ROMAINE
GREEN BEANS
WHOLE WHEAT ROLL & JELLY
WHOLE FRUIT FROZEN JUICE CUP

BREAKFAST PIZZA
OR CEREAL CHOICE
JUICE

6

STEAK FINGERS
MASHED POTATOES/GRAVY
FRESH BABY CARROTS
PINEAPPLE TIDBITS

MINI-PANCAKES
OR CEREAL CHOICE
JUICE

7

CHEESE QUESADILLA
REFRIED BEANS
ORANGES WEDGES

BISCUIT/GRAVY/JELLY
OR CEREAL CHOICE
JUICE

1

TURKEY & CHEESE SUB
ROMAINE LETTUCE &
TOMATOES
OVEN FRIES
SLICED PEACHES

APPLE FRUDEL
OR CEREAL CHOICE
JUICE

8

PEPPERONI STUFFED
SANDWICH
GARDEN SPINACH SALAD
SEASONED PEAS
APPLE CRISP

BREAKFAST BURRITO
W/SALSA
OR CEREAL CHOICE
JUICE

11

MEATBALL SUB
STEAMED CARROTS
GOLDFISH CRACKERS
FRESH STRAWBERRIES

BREAKFAST EGG/BAGEL
OR CEREAL CHOICE
JUICE

12

PORK RIB ON A BUN
TRI-TATER
GREEN BEANS
FRESH KIWI
RICE KRISPY TREAT

MINI-WAFFLES & SAUSAGE
OR CEREAL CHOICE
JUICE

13

LASAGNA
GARDEN SPINACH SALAD
GARLIC BREAD STICK
FRESH BANANA

BREAKFAST MUFFIN
OR CEREAL CHOICE
JUICE

14

BAKED CHICKEN
DRUMSTICK
SAVORY RICE
FRESH BROCCOLI
WHOLE WHEAT ROLL
SLICED PEACHES

BISCUIT/GRAVY/JELLY
OR CEREAL CHOICE
JUICE

15

CORNDOG
TATOR TOTS
BAKED BEANS
FRESH GRAPES

PANCAKE ON STICK/SYRUP
OR CEREAL CHOICE
JUICE

18

TACO CRUNCH
WHOLE GRAIN TORTILLA
CHIPS WITH SALSA
REFRIED BEANS
CINNAMON PUFFS
PINEAPPLE TIDBITS

CHICKEN BISCUIT
OR CEREAL CHOICE
JUICE

19

CHICKEN WRAP
LETTUCE & TOMATO
STEAMED CARROTS
TROPICAL FRUIT

BREAKFAST PIZZA
OR CEREAL CHOICE
JUICE

20

ITALIAN SPAGHETTI WITH
MEAT SAUCE
GARDEN SPINACH SALAD
GRAPES

MINI-PANCAKES
OR CEREAL CHOICE
JUICE

21

PIG IN A BLANKET
POTATO WEDGES
BROCCOLI & CHEESE
FRESH APPLE

APPLE FRUDEL
OR CEREAL CHOICE
JUICE

22

CHICKEN & NOODLES
MASHED POTATOES
GREEN BEANS
WHOLE WHEAT ROLL
ORANGE WEDGES

BREAKFAST BURRITO W/SALSA
OR CEREAL CHOICE
JUICE

23

HAMBURGER ON A BUN
ROMAINE & TOMATO
SWEET POTATO FRIES
FRUIT COCKTAIL
WHOLE GRAIN CHOCOLATE
CHIP COOKIE

BREAKFAST EGG/BAGEL
OR CEREAL CHOICE
JUICE

26

CHICKEN NUGGETS/BBQ SAUCE
MASHED POTATOES & GRAVY
FRESH BROCCOLI/
WHEAT ROLL & JELLY
STRAWBERRIES & BANANAS

MINI-WAFFLES & SAUSAGE
PATTIE
OR CEREAL CHOICE
JUICE

27

CHILI PIE WITH TOSTITOS
SLICED CUCUMBER & CELERY
STICKS
CINNAMON ROLL
ORANGE SMILES

BREAKFAST MUFFIN
OR CEREAL CHOICE
JUICE

28

GRILLED CHEESE SANDWICH
TOMATO SOUP
GARDEN SPINACH SALAD
FRESH KIWI

NO SCHOOL

29

This institution is an equal opportunity provider.

Menus are subject to change.

MILK IS OFFERED DAILY WITH BREAKFAST AND LUNCH
SALAD BARS ARE OFFERED ON ALL LINES AT EVERY SCHOOL EXCEPT EISENHOWER. EISENHOWER STUDENTS MAY ASK FOR A SALAD WHEN SERVED.

Breakfast biscuit for 2017-18 is enriched not whole grain. Yum!!

Sept. 6-grades 9-12 WW Roll

Sept. 19-grades 9-12 Pinto beans and rice

Sept. 20-grades 9-12 Italian Bread

Sept. 20-grades 6-12 peas